

Sling comfort is everything to do with the correct fit

An ill-fitting sling leads to discomfort as well as impairing performance.

To eliminate sizing indiscrepancies resulting from generalist sizing scales that often vary between different manufacturers, Care & Independence developed our own scientifically-founded anthropometric sizing system.

Based on the universally-accepted body proportion ratios of Da Vinci's Vitruvian Man, our unique Care & Independence size guide means that the sling you order will be the best fit based on *your own personal measurements*. So you can rest assured that your sling will provide you with the greatest comfort and optimal performance.



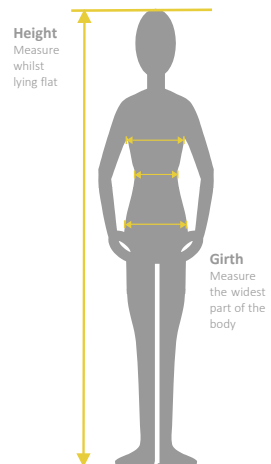
HOW TO MEASURE

Height

For accuracy measure a person's height whilst they are lying flat on a bed. If you measure nape of neck to coccyx, knee to hip, etc., you will accumulate inaccuracies and almost always result in a person measuring taller than they really are, potentially leading to a sling that is too big for them.

Girth

The second measurement you will need is the girth. This can be done whilst the person is seated or lying down. Measure right around the widest part of the body (usually hips on women and chest just under the arms on men and children).



SLING SIZE GUIDE FOR COMFORT VALUE™

	Height cm	Girth cm	Max.Load kg	COMFORT VALUE™	Colour Code
UNISEX	130-150	65-80	200	XXS	Orange
	135-160	70-85	200	XS	White
	145-170	75-90	200	S	Red
	155-180	85-100	200	M	Yellow
	160-190	95-115	200	L	Green
	160-190	105-130	200	XL	Lilac