

A GUIDE TO CHOOSING THE RIGHT SLING

Sling comfort is everything to do with the correct fit

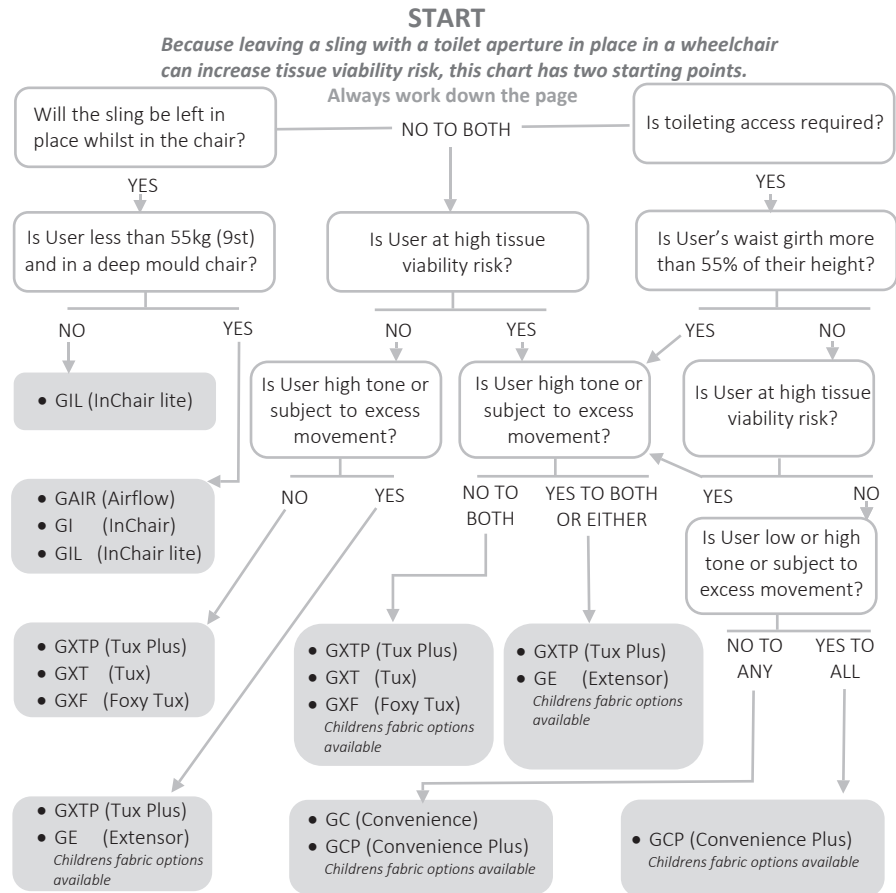
An ill-fitting sling leads to discomfort as well as impairing performance. A 2007 MHRA safety warning highlighted the importance of correct size assessment to reduce the number of incorrect sizing-based incidents.

To eliminate sizing inconsistencies resulting from generalistic sizing scales that often vary between different manufacturers, Care & Independence developed our own scientifically-founded anthropometric sizing system.

Based on the universally-accepted body proportion ratios of Da Vinci's Vitruvian Man, our unique Care & Independence size guide means that the sling you order will be the best fit based on an individual's own personal measurements, thus providing the greatest comfort and optimal performance.

This chart provides a simple assessment process and is a basic guide towards an optimum result and not a guarantee of suitability. There may be additional patient needs and transfer task aspects to consider that may influence the requirement too, and thus a clinical professional may deem it safe to compromise on one aspect to meet another. With risk assessment it may be determined that a sling other than the ones detailed here may be more appropriate.

A Care & Independence product specialist is available to provide assistance and advice free of charge. Full details on each sling type are available in our brochure or can be viewed on the specific product page on our website www.careandindependence.com.

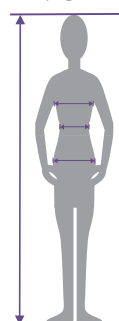


SLING SIZE GUIDE & HOW TO MEASURE

Height

For accuracy, measure a person's height whilst they are lying flat on a bed. If you measure nape of neck to coccyx, knee to hip, etc., you will accumulate inaccuracies and almost always result in a person measuring taller than they really are, potentially leading to a sling that is too big for them.

Height
Measure whilst lying flat



Girth
Measure the widest part of the body

Girth

The second measurement you will need is the girth. This can be done whilst the person is seated or lying down. Measure right around the widest part of the body (usually hips on women and chest just under the arms on men and children).

Sizing Tables

Cross reference height and girth measurements within the appropriate size table to find the best fitting sling size based on your personal measurements.

NOTE: If girth size is too big to match the height column in the main charts, a Foxy-sized sling may offer a better fit. The Foxy sizing range is specifically for people with broad hips and larger thighs who find that the leg supports on other slings are not long enough to go around their hips and between their thighs comfortably.

	Height cm	Girth cm	Max. Load Kg	GLOVE™	Colour Code
Paediatric Unisex	75-95	45-55	200	1	White
	95-110	50-60	200	2	Red
	110-130	55-70	200	3	Yellow
	130-150	65-80	200	4	Orange

Adult Unisex	135-160	70-85	200	5	White
	145-170	75-90	200	6	Red
	155-180	85-100	200	7	Yellow
	160-190	95-115	200	8	Green
	160-190	105-130	200	9	Black
	160-190	125-150	275	10	White
	160-190	145-175	350	11	Red
	160-190	170-200	350	12	Yellow

	Height cm	Girth cm	Max. Load Kg	GLOVE™	Colour Code
Foxy Unisex <small>Not available in COMFORT VALUE range</small>	130-155	85-100	200	5	White
	135-160	95-110	200	6	Red
	140-165	105-125	200	7	Yellow
	140-165	120-140	200	8	Green
	140-165	135-155	200	9	Black
	140-165	150-175	275	10	White
	140-165	170-200	350	11	Red

STANDARD ASSESSMENT FOR GLOVE™ InChair, Deluxe and Convenience slings only

To be completed by the Assessor. Please tick all appropriate responses and provide detail where requested.

1. **Does the Service User (SU) currently use a C&I GLOVE™ sling?**
 No Yes: Sling model:..... SRN:.....
2. **What's the SU height (head to heel) and girth (circumference)?** *Please refer to sizing chart*
 Height:.....cm. Girth:..... cm.
3. **What is the SU weight?**.....Kgs.
4. **What function does the sling need to perform?**
 InChair Toileting Bathing Access Other please specify.....
5. **Does the SU require head support?** Yes No
6. **Are they an above knee amputee?** Yes No
7. **Does the user suffer extensor spasm or have excessive movements?** Yes No
8. **Is a chest band required?** Yes No
9. **What position does the SU need to achieve or what position are they able to maintain?**
 Seated Supine Reclined
10. **What type of hoist /spreader bar is in use?**
 Clip Loop Wide Narrow Other please specify.....
11. **Is there a profiling bed?** Yes No
12. **Wheelchair/ Seating arrangements:**.....

13. **Please detail what type of wheelchair or armchair is in use:**

14. **Can a sling be applied and removed easily?** Yes No
15. **Does the chair have any of the following that may make it difficult to apply a sling?**
 Lap belts Pelvic straps Harnesses
16. **What equipment does the SU use when bathing, showering or toileting?**
 Tilt-in-Space Chair Tilt-in-Space Cradle Shower commode Trolley
 Stretcher none other Please specify:.....

Additional notes: