Slide Sheet User Guide

Introduction:

Thank you for buying your slide sheets from Care and Independence, it will make your patient handling tasks easier!

Slide sheets are intended to assist with the safe manual handling of patients using best practice techniques. Typical tasks for slide sheets include sliding a person up or down a bed, turning a person on a bed, repositioning a person on a bed, including rotating them. Slide sheets can also be used to assist with a variety of other patient handling tasks, as assessed by a competent person.

Basic Safety Information:

- Slide sheets must only be used for appropriate tasks by people trained in their use.
- A risk assessment should be performed by a competent person before any task is conducted.
- Inspect after laundering and before use. Replace if damaged or when the fabric is no longer slippery.
- Slide sheets must never be used for lifting a person.
- Slide sheets must not be left on the floor, they will present a slip hazard.
- Use of slide sheets on sloping surfaces may cause unintended sliding, resulting in injury.

This is not a comprehensive list of risks and is not a substitute for an appropriate risk assessment.

Types of slide sheets covered by this user guide:

Slide sheet with handles.  Standard slide sheets  Tubular slide sheet

Care of Slide Sheets:

Care and Independence Slide Sheets can be laundered for disinfection at up to 80C. Lower temperature laundering will increase the life of the product and save energy. Use mild detergent. Do not use bleach. Drip dry or tumble dry at low temperature.

For replacement slide sheets, other patient handling equipment, product training and product advice, please call Care and Independence on 01869 327999
This user guide provides basic guidance and is not a substitute for appropriate training and supervision. Care and Independence can provide training as required.

The basic techniques illustrated below are similar for slide sheets with or without handles and for tubular slide sheets. They all function by one low friction surface sliding against another, thereby reducing the effort required.

Fit a slide sheet by rolling a person. If you can’t roll the person, unroll the slide sheet under them.

Fitting a slide sheet by unrolling it underneath a person.

Moving a person up the bed using a slide sheet with handles.

Moving a person up the bed using standard slide sheets or a tubular slide sheet.

First stage of turning a person with a slide sheet.

Second stage of turning a person.

To remove a slide sheet, fold a corner at the foot end underneath itself and draw it carefully under itself and out.